



## **Avian Influenza (“Bird Flu”) Frequently Asked Questions**

### **What is avian influenza or “bird flu”?**

Like humans, birds have naturally occurring influenza (flu) viruses. There are many types of avian flu viruses that are carried by wild birds throughout the world, but these viruses do not usually cause disease in these birds. “Bird flu” is a non-scientific term that refers to a specific virus (H5N1) that has been present in domestic birds in Asia since 1997—known as the Asian H5N1 strain. This particular virus has been associated with some human infections and deaths, among people who live with or have close contact with infected poultry.

### **What kinds of birds does avian influenza infect?**

Naturally occurring avian influenza viruses in wild birds are generally associated with waterfowl (ducks and geese), gulls, and some species of shore birds and typically do not cause illness in these birds. The viruses occasionally “jump” from wild birds to domestic birds such as chickens, quail and turkeys, sometimes causing severe disease. This happened with the highly pathogenic H5N1 virus (“bird flu”), which has been circulating in domestic birds at least since 1997. Although this virus probably originated in wild birds, it has adapted to cause severe illness in domestic poultry.

### **Do we have avian influenza viruses and “bird flu” in the United States?**

To date, the highly pathogenic form of H5N1 “bird flu” virus has not been detected in North or South America, including the U.S. Other avian influenza viruses are found naturally in wild bird populations in North America and occasionally infect domestic poultry.

### **What can I do to protect myself from bird flu?**

Travelers to affected countries are advised to avoid poultry farms and live bird markets during their visit. (See [http://www.who.int/csr/disease/avian\\_influenza/en/](http://www.who.int/csr/disease/avian_influenza/en/) for a current list of affected countries.) In addition, wild waterfowl or waterfowl showing signs of disease should be avoided in these countries. Although birds in Georgia are unlikely to be infected with bird flu, it is always a good idea to avoid contact with birds showing signs of disease. People who raise waterfowl or poultry should immediately report any suspicious disease in their birds to their flock supervisor or veterinarian. Those with pet birds, such as parrots, cockatiels, love birds, or budgies should not worry about their pets getting “bird flu” if they have not been out of the country or in contact with birds from other countries.

### **How have people gotten infected with the Asian H5N1 virus?**

Infected birds shed large amounts of virus in their saliva, nasal secretions and feces. Human illness has resulted from direct contact with birds and their feces or with environments heavily contaminated with infected bird feces. The majority of human infections of “bird flu” have been associated with direct contact with infected poultry or the contaminated environment. Widespread human-to-human spread of the H5N1 virus has not occurred. As of June 2008, all human cases of H5N1 infections have been restricted to Asia, Africa, Europe, and the Middle East.

### **Will the human seasonal influenza virus vaccine protect me against “bird flu”?**

No, the human influenza vaccine currently available does not protect against avian influenza viruses. The Food and Drug Administration (FDA) has approved an H5N1 vaccine for use in the U.S., but it not for sale publicly. The CDC has stockpiled it in its Strategic National Stockpile for use during an influenza pandemic.

### **How is an avian influenza outbreak among birds different from an influenza pandemic?**

An influenza outbreak among birds occurs when the virus spreads among birds and results in illness among infected birds. Influenza viruses that spread readily among birds can at times infect people, as we have seen in other countries with the current H5N1 bird flu. But “bird flu” viruses do not spread easily among people. If an influenza virus from birds or other animals acquires the ability to spread easily between people, this would represent the appearance of a new human influenza strain. If this new human influenza virus spreads and causes disease among people around the world, then there could be an influenza pandemic.

### **What is the risk of Asian H5N1 arriving in Georgia?**

The risk of Asian H5N1 infection among birds in Georgia is very low at this time. No poultry or poultry products from countries affected with avian influenza are legally allowed to enter the U.S. If migratory birds in the Atlantic Flyway are infected (see <http://www.pandemicflu.gov/> for map of migratory bird Flyways in North America), wild bird monitoring in Canada and more northern states will likely detect it before Georgia is affected. Travelers from affected countries could possibly introduce the virus to the United States through inadvertent or intentional movement of the Asian H5N1 virus or infected birds.

### **What are the signs and symptoms of “bird flu” in ducks and humans?**

Ducks most often do not show any signs of illness when infected with H5N1. However, some deaths have been observed among waterfowl found to be infected with Asian H5N1. Humans show signs of respiratory illness, such as fever, cough, sore throat and headache. Rarely, humans have had diarrhea associated with infection. The disease can progress to severe pneumonia, Acute Respiratory Distress Syndrome, and death.

### **Can I get “bird flu” by eating chicken?**

No, the US Department of Agriculture (USDA) runs a surveillance program called the National Poultry Improvement Plan to detect avian influenza viruses before they enter the U.S. food chain (see [http://www.aphis.usda.gov/animal\\_health/animal\\_dis\\_spec/poultry/](http://www.aphis.usda.gov/animal_health/animal_dis_spec/poultry/) for more information). In addition, there have been no human infections in affected countries as a result of eating commercially processed poultry products. It is not recommended, however, to consume raw or undercooked poultry products. The influenza virus is no longer viable when cooked to 165°F.

### **Who should I call if I find a dead bird?**

1. Personally owned birds: Call your veterinarian for consultation on any dead pet birds.
2. Waterfowl or shorebirds (e.g. ducks, migratory geese, swans, seagulls, etc.): Canadian geese in Georgia are considered resident, nonmigratory birds and are not considered for avian influenza surveillance under most circumstances. All inquiries about sick or dead waterfowl or shorebirds should be directed to a GA Department of Natural Resources

(DNR) Game Management Specialist. (Check local listings or <http://www.gadnr.org/> for your regional Game Management Office.)

3. Birds of prey (e.g. falcons, hawks, eagles, etc): Refer inquiries to a GA Department of Natural Resources (DNR) Game Management Specialist. They will determine if avian influenza and/or West Nile Virus (WNV) testing is appropriate.
4. Other birds (e.g. cardinals, sparrows, blue jays, crows, pigeons etc): These birds do not typically carry avian influenza viruses and are considered a very low risk for Asian highly pathogenic avian influenza (HPAI) H5N1 infection. Inquiries about these birds should be referred to County Environmental Health Offices in reference to WNV.
5. You can also report sick or dead wild geese, ducks, or shorebirds, or a group of 5 or more sick or dead wild birds to USDA Wildlife Services at 1-866-4-USDA-WS.

### **Information Resources:**

Georgia Division of Public Health

<http://health.state.ga.us>

Centers for Disease Control and Prevention

<http://www.cdc.gov/flu/avian>

U.S. Health and Human Services

<http://www.pandemicflu.gov/>

World Health Organization

[http://www.who.int/csr/disease/avian\\_influenza/en/](http://www.who.int/csr/disease/avian_influenza/en/)

Georgia Department of Natural Resources

<http://www.gadnr.org>

U.S. Fish and Wildlife Service

<http://www.fws.gov/home/avianflu/>

Georgia Department of Agriculture

<http://www.agr.georgia.gov>

U.S. Department of Agriculture

<http://www.usda.gov/birdflu>