



BRFSS

Progress towards Healthy People 2010 Objectives,
Georgia, 2002-2007

Georgia Behavioral Risk Factor Surveillance System

Healthy People 2010 ¹ Objectives ²	Georgia 2002	Georgia 2003	Georgia 2004	Georgia 2005	Georgia 2006	Georgia 2007	Year 2010 Target
Health Outcomes							
Obese, BMI ≥ 30 (Objective # 19.2) Ages ≥ 20 years	24%	26%	25%	27%	28%	29%	≤ 15%
Diabetes, Clinically Diagnosed (Objective #5.3) Ages ≥18 years	7%	8%	7%	8%	9%	10%	≤ 2.5%
Limitation in Activities Due to Arthritis (Objective #2.2) Adults with Doctor-diagnosed Arthritis, Ages ≥18 yrs (definition for arthritis surveillance before change in 2002)	§	41%	§	41%	§	43%	≤ 33% (≤ 21%)
Health-related Behaviors							
No Leisure Time Physical Activity (Objective # 22.1) Ages ≥18 years	26%	25%	26%	27%	25%	25%	≤ 20%
Regular Moderate Physical Activity, 5 or more days/week for 30 or more minutes or Vigorous Physical Activity, 3 or more days per week for 20 minutes or more per day (Objective # 22.2) Ages ≥ 18 years	§	42%	§	42%	§	48%	≥ 50% (≥ 30%)
Regular, Vigorous Physical Activity, 3 or more days per week for 20 or more minutes (Objective #22.3) Ages ≥18 years	§	25%	§	24%	§	28%	≥ 30%
Cigarette Smoking (Objective # 27.1a) Ages ≥ 18 years	23%	23%	20%	22%	20%	19%	≤ 12%
Binge Drinking, During Past Month (Objective # 26.11c) Ages ≥ 18 years	13%	13%	12%	12%	12%	13%	≤ 6%

¹ Healthy People 2010 is designed to achieve two overarching goals: 1. Increase quality and years of healthy life, 2. Eliminate health disparities. U.S. Department of Health and Human Services, Healthy People 2010. 2nd edition, Washington DC:U.S. Government Printing Office, November 2000.

² In some cases, BRFSS definitions of objectives differ slightly from those in Healthy People 2010. See Healthy People 2010 for the exact definition of the objective.

§ Data were not collected in that year.

() Original target prior to 2005 Midcourse Review

☉ Met Year 2010 target.

Healthy People 2010 Objectives (cont'd)	Georgia 2002	Georgia 2003	Georgia 2004	Georgia 2005	Georgia 2006	Georgia 2007	Year 2010 Target
Screening/Immunizations							
Pap Smear, Ever Had (Objective #3.11a) Women without a hysterectomy, Ages ≥18 years	96%	97%☺	95%	95%	94%	95%	≥ 97%
Pap Smear, Within Past Three Years (Objective #3.11b) Women without a hysterectomy, Ages ≥18 years	87%	88%	85%	87%	87%	86%	≥ 90%
Mammogram, Within Past Two Years (Objective #3.13) Women, Ages ≥40 years	76%☺	76%☺	75%☺	75%☺	79%☺	76%	≥ 70%
Fecal Occult Blood Test (FOBT) Within Past Two Years (Objective #3.12a) Ages ≥50 years	30%	§	26%	27%	27%	§	≥ 33% (≥ 50%)
Sigmoidoscopy, Ever Had (Objective #3.12b) Ages ≥50 years	§	§	54%☺	62%☺	57%☺	§	≥ 50%
Cholesterol Screening, Within Past Five Years (Objective #12.15) Ages ≥18 years	§	75%	§	74%	§	80%	≥ 80%
Influenza Immunization, Within Past Year (Objective # 14.29a) Ages ≥ 65 years	59%	67%	64%	61%	65%	68%	≥ 90%
Pneumococcal Immunization, Ever Had (Objective # 14.29b) Ages ≥ 65 years	57%	61%	59%	63%	63%	64%	≥ 90%

Access to Health Care

Health Insurance (Objective # 1.1) Ages ≥ 18 years	84%	84%	83%	83%	84%	83%	100%
Specific Source of Ongoing Primary Care (Objective #1.4c) Ages ≥ 18 years	77%	77%	79%	79%	80%	79%	≥ 96%

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