

First Aid for Choking

If the victim can speak, cough or breathe, "DO NOT INTERFERE"

Conscious Victim:

If the victim CANNOT speak, cough, or breathe,



1. Have someone else call 9-1-1 or local emergency number.
2. Give abdominal thrusts (*the Heimlich Maneuver*)
3. Continue until the object is forced out or victim becomes unconscious.

Conscious Infant:

For children birth to 1 year old,



1. Have someone else call 9-1-1 or local emergency number.
2. Give 5 back blows.
3. If object remains lodged, turn infant over...
4. *Give 5 chest compressions.

Unconscious Victim:

If the victim becomes unconscious,

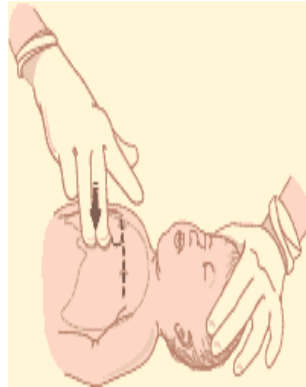


1. Look for and remove any foreign object seen in mouth.
2. Give 2 rescue breaths. *If air does not go in...*
3. Give 15 chest compressions

For victims between the ages of 1 and 8 years old, Give 1 rescue breath and 5 chest compressions.

Unconscious Infant:

If the infant victim becomes unconscious,



1. Look for and remove any foreign object seen in mouth.
2. Give 1 rescue breath. *If air does not go in...*
3. *Give 5 chest compressions

**Use 2 fingers and depress sternum ½ to 1 inch for each thrust.*

**Repeat steps until successful or help arrives.
This poster should not be used as a substitute for training.**